

## Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Dance and Gymnastics</b>	<b>1</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations	Key Learning Objectives				Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<u>ACQUIRE &amp; DEVELOP</u> I am learning to create shapes with my body.  I am learning to use large and small parts of my body, using large with some control.	<u>SELECT &amp; APPLY</u> I am learning to move my body with some control of movement.  I am exploring different actions I can create with my body.	<u>EVALUATE &amp; IMPROVE</u> I am learning to move my body in response to music and sounds.  I can think about the way I move and balance and can talk about how my body feels when I move.	<u>K&amp;U OF FITNESS &amp; HEALTH</u>  With support I can perform warm ups safely and I am becoming aware of others in my space.	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<u>ACQUIRE &amp; DEVELOP</u> I can copy & explore basic body patterns & movements.  I can copy & explore basic actions with some control & co-ordination.	<u>SELECT &amp; APPLY</u> I can remember simple dance steps & perform in a controlled manner.  I have begun to choose & link basic actions, and I can recognise & use space appropriately.	<u>EVALUATE &amp; IMPROVE</u> I can choose actions & link them with sounds & music.  I can watch & discuss my own work & that of my peers.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can safely perform teacher led warm-ups & can describe & discuss others work.  I am aware of others around me.	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<u>ACQUIRE &amp; DEVELOP</u> I can confidently create simple body patterns and movements.  I can extend basic actions and explore different ways of moving confidently with control.	<u>SELECT &amp; APPLY</u> I can create and perform more complex dance steps.  I can confidently link a series of actions and use them creatively.	<u>EVALUATE &amp; IMPROVE</u> I can create appropriate actions and movements when listening to a variety of music and sounds.  I can explain my own work and the work of others in detail.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand why I need to warm up and can use space around me.	<b>Exceeding</b>

*It will help if teachers write girls and boys names in different colours (and put a key)*

<i>Teacher to complete shaded areas of this table</i>		<b>Emerging</b>	<b>Expected</b>	<b>Exceeding</b>
<b>Overall</b>	No. of Chn			
Boys	No. of Chn			
Girls	No. of Chn			

## Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Games/Athletics</b>	<b>1</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations	Key Learning Objectives				Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<u>ACQUIRE &amp; DEVELOP</u> I am learning to stop a ball with some control. I am beginning to use some basic rolling and hitting skills. I am starting to run at different speeds, throw different objects and jump but without control.	<u>SELECT &amp; APPLY</u> I am learning to send a ball towards a target area. I am starting to choose some different ways of hitting, striking or kicking a ball.	<u>EVALUATE &amp; IMPROVE</u> I am learning to comment about my sending and receiving. I am starting to understand that there are different ways to throw and kick a ball.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> With help, I can safely perform teacher led warm ups and feel my heart beating.	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<u>ACQUIRE &amp; DEVELOP</u> I can stop a ball with basic control. I can use basic underarm, rolling and hitting skills. I can run at different speeds, jump from a standing position and throw an object with one hand.	<u>SELECT &amp; APPLY</u> I can send a ball in the direction of another person. I can choose different ways of hitting, throwing, striking or kicking the ball. I start to decide when to sprint.	<u>EVALUATE &amp; IMPROVE</u> I can describe my part in sending and receiving. I can explain why I throw, hit and kick a ball in a variety of ways, depending on the needs of the game.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can safely perform teacher led warm-ups & can describe & discuss others work.	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<u>ACQUIRE &amp; DEVELOP</u> I can track, intercept, stop and catch balls and beanbags consistently. I can run and jump with control.	<u>SELECT &amp; APPLY</u> I can choose a range of skills that suit the needs of the game and outwit my opponents.	<u>EVALUATE &amp; IMPROVE</u> I can describe simple tactics and skills I can use in games.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can show an understanding of why physical activity is fun and makes me feel good.	<b>Exceeding</b>

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<i>Teacher to complete shaded areas of this table</i>		<b>Emerging</b>	<b>Expected</b>	<b>Exceeding</b>
<b>Overall</b>	No. of Chn			
Boys	No. of Chn			
Girls	No. of Chn			

## Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Dance and Gymnastics</b>	<b>2</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations		Key Learning Objectives			Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<u>ACQUIRE &amp; DEVELOP</u> I am beginning to control my body and move with some coordination.  I am learning to copy and repeat simple actions.	<u>SELECT &amp; APPLY</u> I can use simple props and listen to music and sounds (stimuli) to help create simple movements and steps.  I can travel across apparatus using simple body movements.	<u>EVALUATE &amp; IMPROVE</u> I am learning to change the level, speed and direction I am using in my own performance.  With support I am beginning to see differences between my performance & that of others.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I am learning to describe my own & others performance with simple vocabulary.	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<u>ACQUIRE &amp; DEVELOP</u> I can perform with control & co-ordination.  I can copy, remember, explore & repeat simple actions varying speed & levels.	<u>SELECT &amp; APPLY</u> I can respond imaginatively to a variety of stimuli.  I am beginning to select simple actions to construct basic sequences when travelling.	<u>EVALUATE &amp; IMPROVE</u> I can vary dynamics, levels, speed & direction.  I can identify the difference between my performance & that of others.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can discuss my own & others performance with simple vocabulary. I understand the need for warm up & cool down  I understand is happening to my body during exercise	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<u>ACQUIRE &amp; DEVELOP</u> I perform a series of movements and steps with greater control and coordination.  I remember and link actions together with pace and use different levels of movements.	<u>SELECT &amp; APPLY</u> I can create a series of imaginative movements and incorporate a variety of stimuli in my dance.  I can choose and use appropriate actions to create a sequence of movements when using apparatus and finding ways of travelling.	<u>EVALUATE &amp; IMPROVE</u> I can change direction, pace and the dynamics of my dance steps with increasing fluency.  I am able to discuss similarities and differences between my performance and that of others.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain the importance of exercise and can simply describe the effects on my body.	<b>Exceeding</b>

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<i>Teacher to complete shaded areas of this table</i>	<b>Emerging</b>	<b>Expected</b>	<b>Exceeding</b>
<b>Overall</b>	No. of Chn		
Boys	No. of Chn		
Girls	No. of Chn		

### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Games/Athletics</b>	<b>2</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations		Key Learning Objectives				Teacher to write pupils' Initials
Emerging	Some children will not have made so much progress. They will be able to:	<u>ACQUIRE &amp; DEVELOP</u> I am working to improve basic skills. I can catch and throw in games when standing still. I can jump towards a target. I can run with increasing control.	<u>SELECT &amp; APPLY</u> I can make simple choices in target games, if I have more time to think. I can play a small part in games and activities in small groups.	<u>EVALUATE &amp; IMPROVE</u> I can talk about my own and others' performances.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can recognise that my body feels different when playing different games; with guidance	Emerging
Expected	Most children will be able to:	<u>ACQUIRE &amp; DEVELOP</u> I can stop/catch a ball with control. I can perform basic skills of rolling, striking and kicking with more confidence. I can change speed & direction whilst running. I can jump accurately from a standing position. I can throw a variety of objects with one hand.	<u>SELECT &amp; APPLY</u> I can pass a ball to someone else well. I can take part in opposed conditioned games.(Simple versions of games) I can select the best pace to run. I can explore different ways of throwing at targets.	<u>EVALUATE &amp; IMPROVE</u> I can explain differences between my own and others' performances. I begin to understand why I run at different paces. I can pick the best way to throw an object.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand about exercising, safety & short term effects of exercise.	Expected
Exceeding	Some children will have progressed further. They will be able to:	<u>ACQUIRE &amp; DEVELOP</u> I can perform basic techniques of catching, throwing and kicking with a good level of consistency. I can and throw, jump in many ways. I am beginning to use a good technique for running.	<u>SELECT &amp; APPLY</u> I begin to use skills thoughtfully in simple competitive games; I achieve greater control by anticipating action in a game and reacting quickly. I can select the best way to throw an object. I can choose different paces for races.	<u>EVALUATE &amp; IMPROVE</u> I explain a variety of simple tactics to attack or defend. I can explain when I need to sprint. I can explain way different throwing techniques are better for different objects. I begin to help others.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I realise the importance of exercise to keep me healthy.	Exceeding

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Teacher to complete shaded areas of this table		Emerging	Expected	Exceeding
<b>Overall</b>	No. of Chn			
Boys	No. of Chn			
Girls	No. of Chn			

Subject	Year Group	Date	Class
<b>PE Dance and Gymnastics</b>	<b>3</b>		

Teacher to complete GREY SHADED AREAS and hand to Subject Leader

Expectations		Key Learning Objectives			Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<p><b>ACQUIRE &amp; DEVELOP</b> I am beginning to explore my ideas and can describe them to others.</p> <p>I can link simple movements together and am learning to control the way I move my body.</p>	<p><b>SELECT &amp; APPLY</b> I am learning to use and choose different stimuli that will help my performance.</p> <p>I am learning to travel on apparatus with balance and control.</p>	<p><b>EVALUATE &amp; IMPROVE</b> I am beginning to develop and change some movements to create a simple dance</p> <p>With support I can make simple comparisons between my own work and the work of others.</p>	<p><b>K&amp;U OF FITNESS &amp; HEALTH</b> I am learning the reasons why exercise is important for my body.</p>	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<p><b>ACQUIRE &amp; DEVELOP</b> I can improvise on my own &amp; with a partner.</p> <p>I can copy, remember, explore &amp; repeat simple actions, and link &amp; vary ideas with control &amp; co-ordination.</p>	<p><b>SELECT &amp; APPLY</b> I can translate ideas from a variety of stimuli into movement.</p> <p>I can apply compositional ideas to sequences alone &amp; with others.</p>	<p><b>EVALUATE &amp; IMPROVE</b> I can compare, develop &amp; adapt movement &amp; motifs to create longer dances.</p> <p>I can describe my own &amp; others work noting similarities &amp; differences. I am able to make suggestions for improvements.</p>	<p><b>K&amp;U OF FITNESS &amp; HEALTH</b> I understand working safely, I recognise changes in my body and can give reasons why PE is good for health.</p>	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<p><b>ACQUIRE &amp; DEVELOP</b> I can improvise freely and creatively on my own and with a partner or group.</p> <p>I skilfully copy remember and perform more complex actions with good balance and coordination.</p>	<p><b>SELECT &amp; APPLY</b> I can refine my ideas and am able to perform steps and sequences using a wide range of stimuli.</p>	<p><b>EVALUATE &amp; IMPROVE</b> I can refine sequences of steps and motifs I have created in order to perform longer dances with control and fluency.</p> <p>I understand how to improve my own work and can explore ways of improving.</p>	<p><b>K&amp;U OF FITNESS &amp; HEALTH</b> I have a good understanding of the benefits of exercise.</p> <p>I can say what happens to and how my body changes when I am exercising.</p>	<b>Exceeding</b>

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Teacher to complete shaded areas of this table		<b>Emerging</b>	<b>Expected</b>	<b>Exceeding</b>
<b>Overall</b>	<b>No. of Chn</b>			
<b>Boys</b>	<b>No. of Chn</b>			
<b>Girls</b>	<b>No. of Chn</b>			



### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Games/Athletics</b>	<b>3</b>		



Expectations		Key Learning Objectives				Teacher to write pupils' Initials
Some children will not have made so much progress. They will be able to:	Emerging	<u>ACQUIRE &amp; DEVELOP</u> I can perform skills of rolling, striking and kicking with more confidence. I can hit a ball with reasonable consistency when practising. I am starting to use different jumping take offs. ( Hop, Skip, jump)	<u>SELECT &amp; APPLY</u> I can throw and catch with control when under limited pressure.  I am beginning to make better decisions when I have the ball, but take time to make them.	<u>EVALUATE &amp; IMPROVE</u> With help, I can explain that my performance is similar to others.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I take part in warm ups and cool downs and comment on how they make my body feel. I use simple rules fairly.	Emerging
Most children will be able to:	Expected	<u>ACQUIRE &amp; DEVELOP</u> I can control and catch a ball with movement. I can throw and catch with control to keep possession. I can use a small range of basic racket skills. I can run at a speed appropriate to the distance I am running. I can take a running jump.	<u>SELECT &amp; APPLY</u> I can play effectively with increasing speed and precision, as members of small teams. I can select the best jump for the task. I know when to sprint, jog and walk during races and games.	<u>EVALUATE &amp; IMPROVE</u> I can see how my performance is similar and different from others' work and use this understanding to improve my own performance. I can explain how well others are jumping, throwing and running.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain why it is important to warm up and cool down. I am beginning to understand basic rules of games and follow them fairly.	Expected
Some children will have progressed further. They will be able to:	Exceeding	<u>ACQUIRE &amp; DEVELOP</u> I can use a wide range of throwing, catching and hitting skills, on both sides of their body. I can change the pace, length and direction of my throws and shots, to outwit my opponent. I can jump using different take offs with control. My running technique is becoming relaxed and fluent.	<u>SELECT &amp; APPLY</u> I play effectively with speed and precision, as members of both small and larger teams; decide quickly where and when to pass the ball. I am transferring my jumping and running skills/techniques to other games.	<u>EVALUATE &amp; IMPROVE</u> I can say why a player has moved to help others and apply this knowledge to my own play. I am starting to give others useful feedback during lessons.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can help to choose activities that warms up my body and gets me ready to play.	Exceeding

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Teacher to complete shaded areas of this table		Emerging	Expected	Exceeding
<b>Overall</b>	<b>No. of Chn</b>			
<b>Boys</b>	<b>No. of Chn</b>			
<b>Girls</b>	<b>No. of Chn</b>			

## Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Dance and Gymnastics</b>	<b>4</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations	Key Learning Objectives				Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<p><u>ACQUIRE &amp; DEVELOP</u> I am developing my coordination, control and skill when creating simple dances.</p> <p>I have been introduced to simple techniques to help improve my control and balance when performing basic skills.</p>	<p><u>SELECT &amp; APPLY</u> I am starting to develop my own actions when working as an individual or with a partner.</p> <p>I am beginning to understand how to perform simple sequences.</p>	<p><u>EVALUATE &amp; IMPROVE</u> I am learning to use simple vocabulary associated with dance.</p> <p>I am beginning to understand how I can improve simple aspects of my work.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I can give simple examples of ways of keeping fit.</p>	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<p><u>ACQUIRE &amp; DEVELOP</u> I am beginning to demonstrate some precision, control &amp; fluency in response to stimuli</p> <p>I am starting to link ideas, skills &amp; techniques with control, precision &amp; fluency when performing basic skills.</p>	<p><u>SELECT &amp; APPLY</u> I am learning different dynamics &amp; am developing actions with a partner or as part of a group.</p> <p>I am learning composition by performing simple sequences.</p>	<p><u>EVALUATE &amp; IMPROVE</u> I can use dance vocabulary to compare &amp; improve my work.</p> <p>I can describe how to improve my own performances.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain how to work safely in lessons and can give examples,</p> <p>I recognise changes in my body and I can give reasons why PE is good for my health.</p>	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<p><u>ACQUIRE &amp; DEVELOP</u> I use very precise and fluid movements with increasing skill.</p> <p>I can use a variety of techniques to travel and balance with good control.</p>	<p><u>SELECT &amp; APPLY</u> I can change aspects of my performance and can refine certain actions to improve my dance.</p> <p>I can execute more complex sequences of movements when performing using apparatus.</p>	<p><u>EVALUATE &amp; IMPROVE</u> I am able to explain and describe using technical vocabulary when exploring ways of improving my work.</p> <p>I can suggest and explain ways of refining my skills and techniques as well as that of others.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain changes in my body and I can describe how and why PE is good for my health and fitness.</p>	<b>Exceeding</b>

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<i>Teacher to complete shaded areas of this table</i>		<b>Expected</b>	
<b>Overall</b>	No. of Chn		
Boys	No. of Chn		
Girls	No. of Chn		

Subject	Year Group	Date	Class
<b>PE Games/Athletics</b>	<b>4</b>		

Teacher to complete GREY SHADED AREAS and hand to Subject Leader

Expectations		Key Learning Objectives				Teacher to write pupils' Initials
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<u>ACQUIRE &amp; DEVELOP</u> I can throw towards bigger target areas. I can throw but without accuracy. With encouragement, I am starting to use different jumping techniques. I am trying to improve my running technique.	<u>SELECT &amp; APPLY</u> I am learning to play a variety of games with limited continuity. I am starting to use the running techniques I have been taught during races. I am learning to use a limited range of tactics.	<u>EVALUATE &amp; IMPROVE</u> With help, I can identify practices to help improve a range of techniques. I am starting to watch others and use this to improve my own techniques.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can comment on and recognise how games make the body work.	
Most children will be able to:	<b>Expected</b>	<u>ACQUIRE &amp; DEVELOP</u> I can use a wide range of throwing, catching and hitting skills, on both sides of my body. I am trying to change the pace, length and direction of my throws and shots, to outwit my opponent. I can beginning to improve and sustain my running technique at different speeds. I can jump confidently in different ways.	<u>SELECT &amp; APPLY</u> I can choose and use a range of simple tactics for sending the ball in different ways to make it difficult for my opponent. I can keep possession with some success when using equipment. I can link a series of jumps together.	<u>EVALUATE &amp; IMPROVE</u> I can talk about what I do well and recognise things that I could do better. With help, I can identify & explain good athletic performance.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand why my heart beats faster when I exercise. I understand that my body gets tired during exercise.	
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<u>ACQUIRE &amp; DEVELOP</u> I can keep up a continuous game, using a range of throwing and catching skills and techniques with a degree of accuracy. My throwing accuracy is greatly improving. I can start quickly and show a good relaxed running style. I can land safely after each jump.	<u>SELECT &amp; APPLY</u> I can vary tactics and adapt skills in response to the situation I face in a game. I can link a run and series of jumps together confidently and land safely. I am aware of space and can use it to support team-mates and cause problems for the opposition.	<u>EVALUATE &amp; IMPROVE</u> I can explain how to use and interpret rules fairly. I am able to suggest ideas for practices I can do to improve my performance. I can identify & explain good athletic performance.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I am able to follow warm-up routines and lead simple warm ups. I know that exercise makes my body tired so I pace myself during races.	

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Teacher to complete shaded areas of this table		<b>Emerging</b>	<b>Expected</b>	<b>Exceeding</b>
<b>Overall</b>	<b>No. of Chn</b>			
<b>Boys</b>	<b>No. of Chn</b>			
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### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
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*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*

Expectations	Key Learning Objectives				Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	<b>Emerging</b>	<u>ACQUIRE &amp; DEVELOP</u> I am able to demonstrate some precision, control & fluency in response to stimuli.  I link simple ideas, some basic skills & techniques with a degree of control, precision & fluency when performing basic skills.	<u>SELECT &amp; APPLY</u> I am beginning to understand how to vary dynamics & develop actions with a partner.  I am extending simple sequences and developing some complex movement, control and coordination when using apparatus.	<u>EVALUATE &amp; IMPROVE</u> I am becoming more spatially aware of others.  I am able to describe in more detail how to improve my performance and am beginning to say how others can improve their work as well.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I am beginning to suggest a variety of exercises that will prepare my body for exercise.	<b>Emerging</b>
Most children will be able to:	<b>Expected</b>	<u>ACQUIRE &amp; DEVELOP</u> I demonstrate precision, control & fluency in response to stimuli.  I can link ideas, skills & techniques with control, precision & fluency when performing basic skills.	<u>SELECT &amp; APPLY</u> I can vary dynamics & develop actions with a partner or as part of a group.  I understand composition by performing more complex sequences on the apparatus.	<u>EVALUATE &amp; IMPROVE</u> I continually demonstrate rhythm & spatial awareness.  I can confidently describe how to refine, improve & modify my own performances and that of my peers.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can demonstrate specific aspects of warm-up & describe effects of exercise on the body.	<b>Expected</b>
Some children will have progressed further. They will be able to:	<b>Exceeding</b>	<u>ACQUIRE &amp; DEVELOP</u> I exhibit good precision, control & fluency in response to stimuli.  I extend and refine my ideas, skills & techniques with control, precision & fluency when performing skills with increasing complexity.	<u>SELECT &amp; APPLY</u> I can create more complex dances and motifs exploring different styles.  I am confident in using a variety of skills and techniques to travel across apparatus and maintain balance.	<u>EVALUATE &amp; IMPROVE</u> I have an informed knowledge and understanding of how to improve the quality of my techniques and skills when it comes to performances and am beginning to analyse my performances.  I am starting to draw on what I know and can explain my understanding of skills	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain what is happening to my body when I exercise; using the correct vocabulary for parts of the body and muscle names.  I am starting to take the lead in warm up aspects of lessons and recognise good exercises to help warm up.	<b>Exceeding</b>

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<b>Overall</b>	No. of Chn			
Boys	No. of Chn			
Girls	No. of Chn			



### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
<b>PE Games/Athletics</b>	<b>5</b>		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*



Expectations		Key Learning Objectives				Teacher to write pupils' Initials
Some children will not have made so much progress. They will be able to:	Emerging	<u>ACQUIRE &amp; DEVELOP</u> I am continuing to develop my ability to send and receive balls. I can jump in a range of ways but I lack co-ordination. I can run but get tired quickly as I do not pace myself. With help, my running, throwing and jumping techniques are slowly improving.	<u>SELECT &amp; APPLY</u> I can play games at a slower pace, using throwing and catching techniques. I can use a small number of basic tactics for attacking and defending. When competing I tend to forget the techniques that have been taught.	<u>EVALUATE &amp; IMPROVE</u> I can describe, with help, similarities and differences in the way other people play games. With help, I can identify & explain good athletic performance.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I am beginning to recognise the similarities between invasion games. Help with, I can the different phrases of skills.	Emerging
Most children will be able to:	Expected	<u>ACQUIRE &amp; DEVELOP</u> I am using a wide range of throwing and catching techniques well. I am varying the pace, length and direction of my throws. I can sustain a good running technique at different speeds. I can demonstrate some accuracy & technique in a range of throwing & jumping actions.	<u>SELECT &amp; APPLY</u> I can select the appropriate sending and receiving technique during a game. I find ways of attacking successfully. I am selecting the techniques taught in lessons and using them in race/competition style activities.	<u>EVALUATE &amp; IMPROVE</u> I can explain ways of keeping possession of the ball as a team. I understand that there is a need to defend as well as attack and use this in my performances. I can identify & explain good athletic performance.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand the similarities between invasion games, even though they use different sending, receiving and 'travelling with' techniques. I can recognise that games make me use my muscles.	Expected
Some children will have progressed further. They will be able to:	Exceeding	<u>ACQUIRE &amp; DEVELOP</u> I use a wide range of shots in games, with a good degree of consistency and accuracy. I can perform sending and receiving skills while moving and under pressure. My accuracy and technique is very good when throwing. I can perform the triple jump with confidence and fluently.	<u>SELECT &amp; APPLY</u> I can select the appropriate sending and receiving technique during a game situation and perform these skills fluently. I find ways of attacking and defending successfully. I can start powerfully, under pressure and focus on the end target during a race.	<u>EVALUATE &amp; IMPROVE</u> I can watch and describe others' performances, as well as my own, and suggest practices that will help me and others. I help others improve and sustain their running technique at different speeds by designing activities to help them.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand a wide range of rules and have begun to officiate small sided games, I can help organise and officiate races and mini-Olympic type games/activities.	Exceeding

*It will help if teachers write girls and boys names in different colours (and put a key)*

Teacher to complete shaded areas of this table		Emerging	Expected	Exceeding
<b>Overall</b>	No. of Chn			
Boys	No. of Chn			
Girls	No. of Chn			



### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
PE Dance and Gymnastics	6		

*Teacher to complete GREY SHADED AREAS and hand to Subject Leader*



Expectations		Key Learning Objectives				Teacher to write pupils' Initials	
Some children will not have made so much progress. They will be able to:	Emerging	<u>ACQUIRE &amp; DEVELOP</u> I am now able to demonstrate more precision, control & fluency in response to stimuli.  I can link ideas, skills & techniques with control, precision & fluency when performing basic skills.	<u>SELECT &amp; APPLY</u> I am learning to select and use some compositional skills to demonstrate ideas in dance.  I understand composition by performing more complex sequences on the apparatus.	<u>EVALUATE &amp; IMPROVE</u> I can now describe how to refine, improve & modify my own performances and that of my peers.  I am beginning to analyse skills & can suggest ways to improve quality of performance showing sound knowledge & understanding.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can demonstrate specific aspects of warm-up & describe effects of exercise on the body.	Emerging	
	Expected	<u>ACQUIRE &amp; DEVELOP</u> I can perform & create motifs in a variety of dance styles with accuracy & consistency.  I can perform & create movement sequences with some complex skills & displaying accuracy & consistency.	<u>SELECT &amp; APPLY</u> I can select and use a wide range of compositional skills to demonstrate ideas in dance.  I can perform & create movement sequences with some complex skills & displaying accuracy & consistency.	<u>EVALUATE &amp; IMPROVE</u> I can suggest ways to improve quality of performance showing sound knowledge & understanding.  I can analyse fairly complex skills & can suggest ways to improve quality of performance showing sound knowledge & understanding.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I am able to take the lead in my own warm up & demonstrates all round safe practice.  I can describe how different types of exercise contribute to my health and fitness.		Expected
	Exceeding	<u>ACQUIRE &amp; DEVELOP</u> I can select and combine skills, techniques and ideas. I can apply them in a way that suits each activity.  I show consistent precision control and fluency in movement.	<u>SELECT &amp; APPLY</u> I can plan my own and others' work I draw on what I know about composition.  I am able to perform a variety of sequences and movements I have created, using a range of more complex skills. I can manipulate movement with control.	<u>EVALUATE &amp; IMPROVE</u> I can suggest ways to improve quality of performance and can demonstrate showing good knowledge & understanding.  I can analyse a range of complex skills & can suggest ways to improve quality of performance showing good knowledge & understanding.	<u>K&amp;U OF FITNESS &amp; HEALTH</u> I can plan and carry out warm ups for myself and others & demonstrate a good understanding of what safe practice means.  I can explain how to prepare and recover from activities.		

It will help if teachers write girls and boys names in different colours (and put a key)

Teacher to complete shaded areas of this table		Emerging	Expected	Exceeding
<b>Overall</b>	No. of Chn			
<b>Boys</b>	No. of Chn			
<b>Girls</b>	No. of Chn			



### Non-Core Age-Related Attainment Expectations

Subject	Year Group	Date	Class
PE Games/Athletics	6		

Teacher to complete GREY SHADED AREAS and hand to Subject Leader

Expectations	Key Learning Objectives	Teacher to write pupils' Initials
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Some children will not have made so much progress. They will be able to:	Emerging	<p><u>ACQUIRE &amp; DEVELOP</u> With more practise, I will be able to shoot, pass and dribble with some accuracy in some sports. I am trying to use different throwing styles but tend to lack accuracy. I find it hard to catch but can catch larger or modified objects. I can jump in a range of ways but I lack co-ordination and good technique. I can run but tire quickly as I do not pace myself.</p>	<p><u>SELECT &amp; APPLY</u> I can select the right time to shoot or pass during a game. I am starting to understand that my placement of shots and passes can affect the game and others around me. My tactics are improving and I can attack and defend in most games.</p>	<p><u>EVALUATE &amp; IMPROVE</u> With help, I can advise others how to improve closed-skills like passing, shooting etc. I watch others' performances and listen to instructions to help me improve.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I understand &amp; explain short term effects of exercise, warming, cooling.</p>	Emerging
Most children will be able to:	Expected	<p><u>ACQUIRE &amp; DEVELOP</u> I am using a wide range of throwing and catching techniques fluently. I am varying the pace, length and direction of my throws and shots, to outwit my opponent. I can shoot, pass and dribble with some accuracy in most sports. I can control movement with a ball in opposed situation whilst moving. I can demonstrate good control, strength, speed &amp; stamina in a variety of athletic events</p>	<p><u>SELECT &amp; APPLY</u> I select different types of shots/passes increasingly well in the games I play. I make the correct decisions when attacking or defending in a variety of games. I can combine accurate passing skills / techniques in game.</p>	<p><u>EVALUATE &amp; IMPROVE</u> I can advise and help others in their techniques and skills in game situations. I can watch others' performances and spot weaknesses and strengths.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain how different types of exercise contribute to my fitness and health. I can describe how I might get involved in other types of activities</p>	Expected
Some children will have progressed further. They will be able to:	Exceeding	<p><u>ACQUIRE &amp; DEVELOP</u> I am using a wide range of throwing and catching techniques fluently whilst moving and under pressure. I can keep possession during a variety of games. I move into and create space in every game. I can shoot, pass and dribble with great accuracy in all sports.</p>	<p><u>SELECT &amp; APPLY</u> I can combine skills, techniques and ideas. I can apply them in ways that suit the activity with consistent precision, control and fluency. I understand how to apply athletic skills &amp; tactics to a competitive situation.</p>	<p><u>EVALUATE &amp; IMPROVE</u> I can identify strengths and weaknesses in my own and others' play, and suggest practices that will lead to improvement.</p>	<p><u>K&amp;U OF FITNESS &amp; HEALTH</u> I can explain how to prepare and recover from sporting activities.</p>	Exceeding

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<i>Teacher to complete shaded areas of this table</i>		Emerging	Expected	Exceeding
<b>Overall</b>	<b>No. of Chn</b>			
<b>Boys</b>	<b>No. of Chn</b>			
<b>Girls</b>	<b>No. of Chn</b>			

