



Physical Education at Ashby Hastings Primary School

Intent

Our P.E curriculum will encourage children to develop physical, social and fitness skills through a variety of sporting activities.

Each child will develop an understanding and enjoyment of their own and others abilities, learning to challenge their own performance. Children will be encouraged to develop a positive competitive spirit whilst understanding the need for resilience, empathy and fair play through teamwork and cooperation. We will encourage out of school participation in sports, to further develop skills, self-confidence and fitness, by providing links to events and clubs locally.

Implementation

PE at Ashby Hastings Primary School will provide challenging and enjoyable learning through a range of sporting activities including; health and fitness, athletics, dance, gymnastics and games.

Our PE long term plan set out our PE units which are to be taught throughout the year and ensure that the requirements of the National Curriculum are fully met.

Each year a small group of children will be invited to become Sports Leaders for the school. They will develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

Children will be invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are to be very much enjoyed by the children.

Impact

At Ashby Hastings Primary School, we will ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children will be provided with the skills and given opportunities to demonstrate improvement to achieve their personal best. We will aim for our pupils to be physically active as this will have positive implications on their learning in the classroom. We hope children enjoy PE and develop a lifestyle of physical activity, that they pursue outside of school and in future life. All pupils will understand the values and importance of fair play and being a good sportsperson.